

Happy Holidays!

We wish you and your loved ones all the peace, joy, love, and Glühwein-fuelled warmth.



Just when you thought you finally seasoned into autumn with an enviable morning workout routine and a coat that takes you from boss lady to happy hour, it's time get ready for the holiday cheer. In between awkward office Christmas parties, targeted gift shopping that takes too much time, and aligning travel plans with friends and family, you still have to go through the final push on that project that is due by year end. Thank god we don't have Thanksgiving!

Let's be real - most of us do enjoy the festive spirit. Optimise your mood with a holiday playlist, gingerbread houses, comfort food (cheese fondue anyone?), and trying on those glittery party dresses. To get you started, we share a Gluhwein recipe and a small Christmas surprise..

Whether you are spending the days in the freezing cold or in a tropical paradise, enjoy the holidays and see you in the new year!

Dream of a white Christmas

No matter how you are spending the holidays, snowflakes are a welcome addition to boost the holiday spirit (unless it is 2010 and you are stuck at Heathrow). How often do white



Christmases occur in the UK? The Guardian has a nice infographic using data from the Met Office.

[Continue Reading](#)

Glühwein (mulled wine) recipe

Glühwein is enjoyed at Christmas Markets or after a day on the Austrian slopes, but its magic also works in the warmer British winter. We like to enjoy ours at home with friends or under a blanket with a book, supplementing the recipe below with allspice berries. Yum!

[The Traditional Recipe](#)



Events (and a small surprise)

Thanks to all of you attending the November seminar - we received amazing feedback and asked Christina to present more on her sentiment analysis in a future seminar on behavioural finance. Pssht - keep a Thursday in mid February open for now.. Watch this space and our media profiles ([Facebook](#) and [Instagram](#))!

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